



# Spring 2009

## LOGO Soft Drink Cup.

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Buy the 2009 BGSC Logo Soft Drink cup for only \$5 and refills are only 50 cents for the entire season. On sale daily at the Snack Shack



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## From the President Elizabeth Kruetzkamp

May brings sunshine, warm weather, flowers and the promise of fun times at Bluegrass! As we look toward to May 23<sup>rd</sup> the board has been busy preparing and making major safety improvements to the club for coming season.

With the down turn in the economy, Bluegrass Swim Club becomes more of an economic value to the member families that plan to vacation at home this year. We want you to be happy and enjoy your summer vacation. We believe you play a key role in making this happen. Our job is to make sure that you are completely satisfied. If you have any questions, comments or requests, please do not hesitate to speak to one of the board members with your concerns.

## Social Events

This year's events will include all of the yearly favorites. We're looking forward to Teen Nights, Family Fun Day, Summer Solstice party and Zoo Babies Day not to mention the impromptu parties that just happen around here.

One of the events brought back to BGSC last year was adult night. Hugely successful and a great

time for all who attended. Having served as membership director for the past two seasons I look forward to my first term as president. I would like to publicly thank our former president Mary Jean Feldhaus for her years of service. Mary Jean still serves as membership director for the club.

There are many ways for you to get involved at the pool. Be sure and check out the rest of the newsletter for important information and dates.

We hope you're as excited about this year as we are and look forward to a great summer! The Board and I are delighted to have you back.

Elizabeth



2008 Underwater Photo Day

### Special Note To Parents

- Please speak to your children about trespassing at the pool. People entering the pool premises when the pool is closed is very dangerous and punishable by law.
- BGSC is police patrolled. The club will press charges against offenders.

time for all who attended.

This year's "Adult Night Fund Raiser" theme is "Hawaiian Luau" so get your grass skirts and King Kamehameha helmets ready now. Scheduled for August 29th you can purchase tickets from the front desk or RSVP to Danielle Collins. [dcollins5@fuse.net](mailto:dcollins5@fuse.net)

Proceeds will benefit the Vision committee.

Also this year BGSC is happy to announce morning water aerobic classes along with our regular swimming lessons. The classes will be directed by Valerie Saunders.

See page 5 for more details on Water Aerobics Classes.



**Q: What kind of exercises are best for a swimmer?**

**A: Pool-ups!**

## Swim & Dive Teams Chris Boehmer

The Bluegrass Swim & Dive Team is a recreational Swim & Dive Team that is a member of the Northern Kentucky Swim League (N.K.S.L.). The team has practices beginning in early June and the season ends in late July this year. The team practices are held Monday – Thursday. Dive Team meets are held on Tuesday evenings and Swim Team meets are held on Thursday evenings at local NKSL clubs.

The team plans to have several activities throughout the season along with our end of the year Banquet. The goal of the team is to help swimmers and divers sharpen their skills while having fun and making friends. It's a great way to spend your summer!

It is important for the swimmers safety that they be able to complete one lap of the pool **UNASSISTED** and **WITHOUT HANGING ON LANE LINES** prior to the beginning of the season.

### Mark your calendars:

**Wednesday May 20<sup>th</sup> – Open Registration @ Bluegrass 6pm – 7:30pm**

We will have new suits this year and SwimVille USA will be at the open registration with the new team suits, goggles, etc.

Monday June 8<sup>th</sup> – PRACTICE BEGINS

Wednesday June 17<sup>th</sup> – Teen Night #1 @ Bluegrass

Wednesday July 15<sup>th</sup> – Teen Night #2 @ Bluegrass

Monday August 3<sup>rd</sup> – Swim Team Banquet

### Regular Meet Schedule:

Dive Team Schedule	Swim Team Schedule
June 16 <sup>th</sup> – Bluegrass @ Brookwood	June 18 <sup>th</sup> – Brookwood @ Bluegrass
June 23 <sup>rd</sup> – Florence @ Bluegrass	June 25 <sup>th</sup> – Bluegrass @ Florence
June 30 <sup>th</sup> – Five Seasons @ Bluegrass	July 2 <sup>nd</sup> – Bluegrass @ Five Seasons
July 7 <sup>th</sup> – Taylor Mill @ Bluegrass	July 9 <sup>th</sup> – Bluegrass @ Taylor Mill
July 14 <sup>th</sup> – Bluegrass @ Cherry Hill	July 16 <sup>th</sup> – Cherry Hill @ Bluegrass
July 21 <sup>st</sup> – Bluegrass @ Beechwood	July 23 <sup>rd</sup> – Beechwood @ Bluegrass

### Post Season Meet Schedules:

All Star Schedules	Champ Meet Schedules
July 22 <sup>nd</sup> – All Star Diving @ Cherry Hill	July 28 – 29 <sup>th</sup> – Champ Meet Diving @ Beechwood
July 27 <sup>th</sup> – All Star Swimming @ Taylor Mill	July 30 – 31 <sup>st</sup> – Champ Meet Swimming @ Bluegrass

**SNACK SHACK Mary Fischer**

You may know me. I am the cafeteria manager of St. Agnes School. I have been in the food service business most of my life. I have managed Chuck-E-Cheese, Owned Papa Dino's and worked at Remke's Deli.

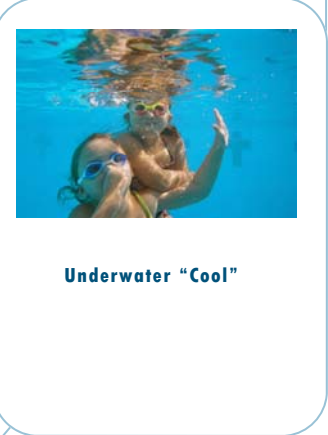
One of the biggest requests at BGSC has been for us to update the Snack Shacks' menu and service.

I am very excited to be involved with Bluegrass Swim Club this summer. I will be introducing some new products throughout this summer and also keeping

what have been the successful favorites.

For early risers, I would like to offer coffee and breakfast ideas to adults and kids. Also I am in the process of getting an ice tea dispenser which has been expressed to me of great need. I will be having weekly specials on a trial and error basis. My main goal is to speed up service with accurate product to our guests. This can only happen if the training of staff is implemented. Thank you very much for allowing me to spend the summer with your families.

Mary Fischer  
Snack Shack, Manager



**Underwater "Cool"**

**Physical Plant Joe Fischer**

Hi all, my name is Joe Fischer. I am 2<sup>nd</sup> Vice President and the Physical Plant Manager on the board. I am in charge of the buildings and the physical running of the equipment, etc. The entire board helps out in many different areas, for example I help out with social events and others will help out in certain areas of physical plant.

This entails all kinds of things regarding the upkeep of the building, the pool equipment and the grounds. The building is getting older and we are trying hard to get different things replaced as we much as we can. These are some examples of what has been done around BGSC in recent years.

We had a leak repaired several years ago on the main water feeder line coming into the pool building. When we found out we were leaking \$400-\$500 a month we jumped right on it.

We had complaints regarding a smell in the ladies room. We excavated a small portion of the front floor to investigate and contracted different companies to make repairs.

The state contractor for the work between Highland and Henry Clay damaged the parking lot, we documented the damage and had them repair it at their expense and we had the lot striped.

We are in the process of replacing guard chairs (In use since the original pool).

We are in the process of replacing the steel doors on the building – 1 at a time.

We are in the process of replacing baby pool and main pool drain covers to adhere to the Virginia Graham Baker law that is now in effect.

This law attempts to keep children or anyone else from becoming injured if caught on the drain by the suction of the pool pumps.

The building is over 50 years old and we are learning that it takes professionals to keep it up and running and this can be expensive, but we are doing our best to keep our pool safe for you and your families.

Joe Fischer

*Q: Where do ghosts like to go swimming?*

*A: Lake Erie*



**Family Fun Day 2008**



### Updates Greg McCarthy

This seasons returning pool managers are Brian Miller, Seth Jansen and Rachael Bokelman. We are pleased to welcome Mary Fischer as the Snack Shack manager and look forward to a smoother running concession stand with a better quality of service and items served.

We want to insure a safe, fun and exciting summer for all our members and guest. We've added a few amenities members will notice as soon as they enter this season. First is the addition of more speakers to the sun deck area to service the baby

pool and under the sun deck. Secondly you will notice the aging life guard chair supports have been completely replaced. The board members and some special consultants have done a fine job with them, and third we've done some minor concrete repairs around the stairs in the shallow end where it was cracked and getting dangerous.

#### Wi-Fi

We are pleased to announce the addition of high speed internet service for our wireless users. We encourage pool side working but don't forget to

keep an eye on your little ones. The service will be closely monitored. ALL sites will be logged by the users MAC address. URL sites deemed harmful or not family friendly will be blocked at the firewall without notice.

#### TV

The board decided not to provide satellite television services at the pool this year.

*Q: Why do you keep doing the backstroke?*

*A: I've just had lunch and don't want to swim on a full stomach.*

### Vision Committee Greg McCarthy

The Bluegrass Swim Club Vision committee was formed in the summer of 2007. Our mission is to plan, raise funds, and ultimately implement pool improvements outside the current infrastructure of the club.

The vision committee is a group of current members dedicated to the task of working with the Board of Directors to improve the experience at Bluegrass Swim Club through fund raising beyond member dues. These fund raising activities include corporate donations, adult swim night, split the pot, un-

derwater picture day and logo refill cups. All funds raised by the committee will be used to finance future fundraising events and infrastructural improvements to the pool and surroundings with the approval from the Board of Directors. Some of the improvements we have discussed are: the addition of a zero entry access to the baby pool with a water fountain, an in-pool basketball goal and the addition of a water slide at the large pool.

The duties of the committee include attending meetings, planning and

execution of fund raising events, and doing research on the overall costs to implement pool enhancements.

Sound interesting? Join us! Contact Greg McCarthy [gregmc@cncjky.com](mailto:gregmc@cncjky.com) for more information and meeting dates.



Satellite Photo of BGSC

## SWIM LESSON SIGN UP

Bluegrass Swim Club continues to offer swim lessons to members, taught by certified lifeguards, for a fee of \$10.00 per child, \$25.00 maximum per family. These lessons are designed to introduce children to the water and to provide basic life-saving skills.

That being said, these lessons are **not** designed to meet accreditation or be progressive in a regimented fashion. Swim lessons will be offered in two sessions: Session 1- June 9th-June 27th; Session 2 - July 7th-July 25th. These lessons are held Mon-Thurs for 1/2 hour. Fill out the form below showing time preference and level of lesson. Assignments will be made in order of postmark.

Send the form and payment (\$10.00 per child, \$25.00 max per family) to: Mary Jean Feldhaus 824 Deena Drive Villa Hills, KY 41017

Child's Name \_\_\_\_\_

Parent's name \_\_\_\_\_

Phone # \_\_\_\_\_ Bond # \_\_\_\_\_

Circle **ONE CHOICE IN EACH COLUMN** below to indicate your preference:

<b>SESSION</b>	<b>LEVEL</b>	<b>TIME</b>
Session 1	Beginner 1 (little or no experience)	10:00-10:30
Session 2	Beginner 2 (comfortable in water, few skills)	10:30-11:00
	Advanced Beginner (comfy in deep water, some skills)	11:00-11:30
	Swimmer (Can swim, needs work on form and breathing)	

## Water Aerobics Valerie Morgan-Saunders

Working out in the water is a fun and cool way to stay fit in the summer months. The water's unique properties allow the pool to provide an environment for people of all abilities. Buoyancy creates a reduced impact exercise that is easy on the joints, and the water provides 10 times the resistance of air for a great muscle workout. Come join us every Tuesday and Thursday at 11:30 for a great 30 minute water workout!

Join us and find out how challenging and fun aqua fitness can be.

Bring a noodle, kick board and water shoes are recommended. \$7 a class or buy a 10 class pass and get the 11<sup>th</sup> class free!

Classes will continue throughout the summer or as long as interest remains.

Classes are led by certified fitness professionals Valerie Morgan-Saunders and Andrea Grever.

You're going to look great!



Welcome Back SUMMER!



*Q. What is a polar bear's favorite stroke?*

*A. Blubber-fly!*

## Bluegrass Swim Club

101 Bluegrass Avenue  
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859-331-2215  
www.bluegrassswimclub.com

Check the website  
regularly for more in-  
formation and calendar  
updates!

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**My mom said when she learned how to swim, someone took her out in the lake and threw her off the boat. I said, "Mom, they weren't trying to teach you how to swim."  
Paula Poundstone**